**NotesThe Truth about the Good Life 02/4/24**

That you would believe

Texts: John 3:1-21

John 3:1-2

* Nicodemus is sincerely seeking the Kingdom of God but on his own terms.

Application: ***The good life isn’t about striving to be spiritual, successful, and smart.***

John 3:3-18

* Jesus tells Nicodemus that for someone to be part of the Kingdom of God, that person must be born of the Spirit.
* To be born by the Spirit into eternal life, a person must believe in Jesus, the Son of God.

Application: ***The good life is received not achieved.***

John 3:19-21

* Those who live on their own terms don’t want to know the truth; but those who live by the truth, come to Jesus and live like Jesus.

Application: ***The good life is trusting Jesus and seeing God accomplish our work in daily life.***

**The Truth about the Good Life:**

Jesus didn’t come to help us do a better job of achieving a good life on our terms. He came to give us Eternal Life (THE Good Life), which is His life lived through us as we trust Him.

**PS.** So what happened to Nicodemus? How did he respond to Jesus? Check out John 7:45 – 53 and John 19:38 – 42. What do you think?

**LG QsThe Truth about the Good Life 02/04/24**

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Pray**:** Lay down any distractions, control, fears, etc. that will keep you from fully engaging in your time together.

Looking Back:

* How have you experienced God working in your life lately?
* Who has been working on the spiritual practice of prayer this month? Who has been working on memorizing the verse for this month?
* Tell us about how that is impacting your daily walk with Jesus.

Looking up:

Read John 3:1-21 Then, have someone summarize this story in their own words.

What stood out to you about the sermon? What was helpful? Confusing? Inspiring?

How do those around you describe “The good life”? How would you describe it? What in your lifestyle/decisions supports that description? Where do you see temptations to pursue our culture’s definition rather than Jesus’ in your own life? How did this sermon/passage influence how you pursue “the good life”?

Jesus used physical metaphors to teach spiritual realities? How is He doing that in your life lately?

**Pray:** Spend time praying together and for one another based on what is shared.

Looking forward:

What step of action is Jesus calling you to take this week? How can we support you and pray for you?

February’s Memory Verse & Spiritual Practice: \*See the church App